The volleyball players performed a colorful and humorous dance routine during the high school pep fest.

**PHOTO BY JENNIFER VON OHLEN**

Girls swimming captains Rebecca Ylitalo, Olivia Travis, and Hayley LaZarre spoke on the team's successes so far this year.

**PHOTO BY JENNIFER VON OHLEN**

Josie Utecht, 13, of Dassel dreamed of meeting Buddy Va- lasto, more commonly known as the Cake Boss. Josie was born with spina bifida. Josie and her parents, Josie and Jan, made the trip from Dassel for this once-in-a-lifetime meet-and-greet with Valerie and her staff.

**PHOTO BY JENNIFER VON OHLEN**

Josie Utecht, 13, of Dassel dreamed of meeting Buddy Valastro, better known as television's Cake Boss, recently welcomed Dassel teen Josie Utecht, for a full-day adventure as part of the Sunshine Foundation.

**PHOTOS BY JENNIFER VON OHLEN**

The family had a wonderful time on their four-day trip, and could visit both Valastro and his staff, and the Sunshine Foundation for making it such an amazing treat for Josie.

**PHOTOS BY JENNIFER VON OHLEN**

Josie said they also get to meet the rest of the TV show's cast and crew.

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